



1  
00:00:00,000 --> 00:00:28,150

I

2  
00:00:35,600 --> 00:00:31,550

good afternoon welcome to international

3  
00:00:39,260 --> 00:00:35,610

force test panel our main purpose is to

4  
00:00:42,710 --> 00:00:39,270

provide familiar forced to space

5  
00:00:44,720 --> 00:00:42,720

explorer to enhance their morale and all

6  
00:00:47,030 --> 00:00:44,730

of you have tasted our food previously

7  
00:00:50,350 --> 00:00:47,040

but today we are going to take you to

8  
00:00:53,060 --> 00:00:50,360

Japan and certainly no Russia and also

9  
00:00:56,240 --> 00:00:53,070

fronts some of the French food Japanese

10  
00:00:58,460 --> 00:00:56,250

food and also some of the Russian food

11  
00:01:01,250 --> 00:00:58,470

you'll be tasting if you look on your

12  
00:01:06,080 --> 00:01:01,260

table you will find a sensory evaluation

13  
00:01:08,899 --> 00:01:06,090

score sheet which we have that

14

00:01:11,929 --> 00:01:08,909

nine-point heroic scale we're nine mins

15

00:01:13,820 --> 00:01:11,939

the highest score and one where is the

16

00:01:15,940 --> 00:01:13,830

lowest score and the quality

17

00:01:19,880 --> 00:01:15,950

characteristics you will be tasting

18

00:01:27,350 --> 00:01:19,890

appearance color order flavor texture

19

00:01:29,539 --> 00:01:27,360

and overall quality point our broad

20

00:01:31,790 --> 00:01:29,549

purpose of this project that we are

21

00:01:34,520 --> 00:01:31,800

trying to find some internationally

22

00:01:37,360 --> 00:01:34,530

common food a cross-cultural food

23

00:01:40,610 --> 00:01:37,370

pattern that which will help any

24

00:01:42,830 --> 00:01:40,620

astronaut or any space explorer from any

25

00:01:44,990 --> 00:01:42,840

country who will fly in long-duration

26  
00:03:29,350 --> 00:01:45,000  
mission and can enjoy the food from the

27  
00:03:33,820 --> 00:03:31,930  
well as you are testing food that if you

28  
00:03:36,850 --> 00:03:33,830  
have any kind of question related to the

29  
00:03:38,560 --> 00:03:36,860  
food items or any kind of question

30  
00:03:41,170 --> 00:03:38,570  
related to the country or ethnic origin

31  
00:03:42,730 --> 00:03:41,180  
feel free to ask me a question what

32  
00:03:46,390 --> 00:03:42,740  
other type of international foods we

33  
00:03:48,460 --> 00:03:46,400  
will be testing yes we are going to

34  
00:03:51,160 --> 00:03:48,470  
taste the food from indo Park

35  
00:03:53,680 --> 00:03:51,170  
subcontinent such as Bangladesh Pakistan

36  
00:03:55,840 --> 00:03:53,690  
and India and also we'll be doing some

37  
00:03:58,990 --> 00:03:55,850  
more oriental food items such as food

38  
00:04:01,090 --> 00:03:59,000

from Korea at and some of the Chinese

39

00:04:06,610 --> 00:04:01,100

food and also put from thailand and

40

00:04:13,100 --> 00:04:09,199

nutritional analysis on each of the food

41

00:04:14,930 --> 00:04:13,110

items also after each food items you do

42

00:04:17,360 --> 00:04:14,940

the shelf life is steady we are going to

43

00:04:19,670 --> 00:04:17,370

do the nutritional analysis of the food

44

00:04:21,440 --> 00:04:19,680

from the different ethnic origin we like

45

00:04:23,270 --> 00:04:21,450

to provide the food with the different

46

00:04:25,129 --> 00:04:23,280

ethnic origin but also you like to see

47

00:04:27,290 --> 00:04:25,139

that whether it should be nutritionally

48

00:04:29,180 --> 00:04:27,300

balanced to salina how do you go about

49

00:04:31,400 --> 00:04:29,190

choosing the recipes you're going to use

50

00:04:34,820 --> 00:04:31,410

and the foods that you get for your text

51  
00:04:36,860 --> 00:04:34,830  
panels we usually choose our recipes

52  
00:04:38,990 --> 00:04:36,870  
from the cookbook and we select them

53  
00:04:42,590 --> 00:04:39,000  
randomly but we try to come up with a

54  
00:04:44,240 --> 00:04:42,600  
common cultural food pattern so most of

55  
00:04:46,670 --> 00:04:44,250  
the people from the different country

56  
00:04:49,129 --> 00:04:46,680  
different ethnic origin they can you

57  
00:04:51,830 --> 00:04:49,139  
know eat the same food items and the way

58  
00:04:54,170 --> 00:04:51,840  
we prepare we usually get everything

59  
00:04:56,600 --> 00:04:54,180  
fresh from the supermarket and nothing

60  
00:04:58,850 --> 00:04:56,610  
is frozen or nothing is canned or

61  
00:05:03,190 --> 00:04:58,860  
precooked we start and prepare

62  
00:05:10,159 --> 00:05:06,080  
okay these are lotus root and this is a

63  
00:05:19,439 --> 00:05:10,169

very popular in Japanese cooking and as

64

00:05:26,230 --> 00:05:23,529

we are going to calculate it and if it

65

00:05:27,999 --> 00:05:26,240

this course a high enough ever of six

66

00:05:30,219 --> 00:05:28,009

that it will go through the shell five

67

00:05:31,870 --> 00:05:30,229

study like three months six months and

68

00:05:33,999 --> 00:05:31,880

nine months interval and after each

69

00:05:36,460 --> 00:05:34,009

shelf by the study we are going to do

70

00:05:38,920 --> 00:05:36,470

the similar kind of taste test panel